

Statewide Resources for People Involved or Who May Become Involved in the Criminal Legal System

<p><i>I have a mental health or substance use problem and need help.</i></p>	<p>Colorado Crisis Services and 988: Colorado Crisis Services is the statewide system offering mental health, substance use or emotional crisis help, information and referrals. Services are free, confidential, immediate, and 24/7/365. Mental health professionals and peer specialists are available via phone, text, or in-person at walk-in centers. Colorado Crisis Services is a starting place if you don't know where to begin getting help. For more information, go to https://coloradocrisiservices.org/, call 1-844-493-8255, or text "TALK" to 38255. People can also call 988 or go to https://988lifeline.org/ to connect with counselors for emotional support and other services via phone or web chat, 24/7 across the U.S.</p>
<p><i>Someone I know needs help. How can I help them?</i></p>	<p>OwnPath: The Behavioral Health Administration's searchable care directory for specific services or through a guided search to identify licensed providers or resources to meet your needs. See https://ownpath.co.</p> <p>IMatter (for Youth): The Behavioral Health Administration's IMatter program can connect youth with a therapist for up to 6 free virtual confidential counseling sessions (some in-person appointments available, too). Talking with someone can make you feel better. Go to https://imattercolorado.org/. To start, click "Youth" to take a short survey and be matched with a therapist. For children under 12, a parent or guardian must help fill out the survey.</p>
<p><i>I am thinking of calling the police and someone is having a mental health or substance-related crisis.</i></p>	<p>Co-Responder Programs: These programs pair law enforcement and mental health professionals to respond to police calls. These teams work to de-escalate situations and help link individuals with needed services. Outcomes may include providing resources, transport to a hospital or walk-in clinic, or support for family members. Programs may follow up after the initial call and may work with other community resources to coordinate assistance. For information about local co-responder programs, go to https://bha.colorado.gov/behavioral-health/co-responder, under the tab, "What communities in Colorado have Co-Responder Services Funded through OBH?".</p>
<p><i>Someone I know is in jail and needs help with substance use or mental health.</i></p>	<p>Jail Based Behavioral Health Services (JBBS): JBBS programs provide appropriate mental health or substance use services to people who are in county jails and often support the transition to care in the community after their release from jail. If your loved one needs mental health or substance use services while they are incarcerated in a county jail, you can call the jail where they are held and ask to speak with the JBBS staff. For more information about JBBS, see https://bha.colorado.gov/behavioral-health/jbbs.</p>
<p><i>I am a victim of crime and want more than punishment</i></p>	<p>Restorative Justice: Restorative justice approaches wrongdoing by focusing on the needs of the victim, the offender, and the community. Restorative justice practices show high rates of victim satisfaction and offender accountability. The traditional criminal legal system asks: What laws have been broken? Who did</p>

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<p><i>from the legal system.</i></p> <p><i>I committed a crime and want to make things right.</i></p>	<p>it? What punishment do they deserve? Restorative justice asks: Who has been hurt? What are their needs? Whose obligation is it to meet those needs? Restorative justice practices are victim-centered and prioritize victim choice, safety, and support, including choices about whether, when, and how to participate; physical and emotional safety during all interactions; and the support of a qualified facilitator trained to support crime victims. For more information and the restorative justice provider directory, go to https://rjcolorado.org/find-rj-providers/.</p>
<p><i>Someone I know is facing charges and may not be competent to stand trial due to mental health, substance use, or other brain-based challenges.</i></p>	<p>Bridges: Bridges Court Liaisons throughout Colorado connect the criminal court and mental health systems. Judges sign court orders to appoint Bridges liaisons in criminal cases. Liaisons work with participants to identify mental health needs, including people who may not be competent to stand trial, and connect them to services. Liaisons inform judges and attorneys about available community services. Liaisons coordinate with the Office of Behavioral Health regarding competency evaluation or restoration. For more information, see https://www.courts.state.co.us/Administration/Unit.cfm?Unit=bridges. (www.courts.state.co.us→administration→court services→Bridges).</p>
<p><i>I am charged with a crime.</i></p> <p><i>I was arrested or required to appear in court.</i></p> <p><i>What options are there, besides going to trial?</i></p>	<p>Diversion: Diversion provides an alternate path through the criminal legal system. Goals of diversion include rehabilitation, prevention of future crimes, and repair of harm to crime victims, including payment of restitution. Diversion focuses on accountability, while allowing people to avoid consequences that criminal convictions may bring. Through diversion, people may receive help with challenges that led to their involvement in the criminal legal system, such as treatment for mental health, substance use disorders, or other needs. See contact information for diversion programs in the table above, at https://www.courts.state.co.us/Administration/Unit.cfm?Unit=adultdiv (www.courts.state.co.us→administration→court services→adult diversion), or https://diversion.ndaa.org/.</p> <p>Problem-Solving Courts (PSCs): Problem-solving courts resolve criminal cases and provide treatment and other services to people charged with a crime. Types of PSCs include adult drug and DUI courts, juvenile drug courts, adult/juvenile mental health or wellness courts, dependency/neglect or family treatment courts (for families with dependency and neglect cases), and veterans' treatment courts. PSCs vary by court location. To find out what PSCs operate in your area, see https://www.courts.state.co.us/Administration/Unit.cfm?Unit=prbsolcrt. (www.courts.state.co.us→administration→court services→Problem Solving Courts).</p>
<p><i>I am looking for help with substance use.</i></p>	<p>Substance Use Treatment and 12-Step Meetings: For 12 step meetings, see https://alcoholicsanonymous.com/aa-meetings/colorado/ or https://na.org/. For referrals to local treatment facilities, support groups, and community-based organizations, contact SAMHSA's National Helpline, 1-800-662-HELP (4357) or TTY: 1-800-487-4889, a confidential, free, 24/7, 365 day/year service in English and Spanish for people with mental health and/or substance use disorders. Find treatment at https://findtreatment.samhsa.gov/ or text your zip code to 435748 (HELP4U).</p>
	<p>Recovery Residences and Sober Living: Oxford Houses are democratically run, self-supported recovery houses without staff, geared to people committed to recovery. Oxford Houses may not be a fit for those in early recovery needing significant supports. There are over 100 houses in Colorado. For more information,</p>

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<i>I am in recovery. I am looking for a sober living/recovery residence.</i>	including locations and house vacancies, see https://www.oxfordhouse.org/ . Colorado Association for Recovery Residences (CARR) certifies recovery residences. Approximately 40 certified residences are located throughout the state. Residences offer varying levels of staffing and support. See https://carrcolorado.org/certified-recovery-residences/ .
<i>I need help with basic needs (food, clothing, shelter, child care, medical/dental/mental health/substance use treatment).</i>	Basic Needs: 2-1-1 Colorado provides a central location where people can get connected to needed resources through a database that is updated daily. Call 2-1-1 to find shelter availability, childcare, rent payment assistance, and more. See https://www.211colorado.org/ .
<i>I need a lawyer to represent me.</i>	<p>Office of the Public Defender (PD): The mission of the Office of the State Public Defender is to defend and protect the rights, liberties, and dignity of those accused of crimes who cannot afford to hire a lawyer. The Office of the PD is required provide legal services to indigent persons accused of crime. To find a local PD office, see https://www.coloradodefenders.us/offices/.</p> <p>Colorado Bar Association: For “Find a Colorado Lawyer,” go to https://www.cobar.org/Licensed-Lawyer.</p>
<i>I need information about my court case or date.</i>	To find your location and contact information for court, see https://www.courts.state.co.us/Courts/find.cfm .
<i>I need to seal my record. I need other forms for my criminal case.</i>	Colorado Judicial Branch website: For information on criminal matters, including the sealing of records, see https://www.courts.state.co.us/Forms/SubCategory.cfm?Category=Criminal .
<i>I am in an unhealthy relationship and need help.</i>	<p>Stand Up Colorado: Stand Up Colorado is a partnership among the Denver DA’s Office, the Colorado Attorney General’s Office, and Violence Free Colorado. To speak with a professional regarding anyone who is using, experiencing, or witnessing relationship violence, call (855) 978-2638 or go to https://www.standupcolorado.org/.</p> <p>Violence Free Colorado: To access the following services, go to https://www.violencefreecolorado.org/resources-2/: People who can listen and help sort out options; Specially trained advocates who can help with safety planning and information about welfare, CPS, disability services, immigration, housing, employment protections, and more; Emergency or temporary shelter/lodging; Longer term housing for individuals and families; Emergency financial support; Support groups for children, youth, and adults; and legal advocacy, including information about protection orders and other civil matters.</p> <p>National Domestic Violence Hotline: (800) 799-SAFE (7233)</p>
<i>I want to stop using violence in relationships.</i>	Stand Up Colorado: Relationship violence is a choice and you can choose to change. Begin your journey today and reach out to our Colorado-based professionals who are here to help. Go to https://www.standupcolorado.org/using-violence/ . For a list of treatment providers, go to https://www.standupcolorado.org/wp-content/uploads/2018/06/Stand-Up-Colorado-Treatment-Directory.pdf .

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